

ErgoRisk Management Group - Industrial Menu of Services

Dale Braun B.Sc. (H.K.), R.K.

Dale is a Registered Kinesiologist who has dedicated his professional life to bridging the gap between the science of ergonomics and the needs of industry and workers. Dale has worked as a consultant in Ergonomics and Kinesiology over the past 12 years, providing assistance across the full spectrum of musculoskeletal injury management from proactive ergonomic process development to helping injured workers return to modified duties.

Dale has a wide breadth of experience, spanning the Information Technology, Transportation, Oil and Gas, and Pulp and Paper industries. He has been involved in the development, implementation and continuation of large ergonomic initiatives in multi-national corporations and is just as comfortable providing small group lunch and learns or individual worker assessments.

ErgoRisk Management Group has been providing ergonomics consulting services since 1994 throughout Western Canada. ErgoRisk's approach focuses on controlling the risk factors related to the job or workstation, as well as the risk factors related to our work habits and posture. We ensure that every assessment or training session has lasting value in the form of greater awareness and principle-based education.

Ergonomic Services:

• Industrial Ergonomic Assessments:

ErgoRisk can complete assessments of selected jobs or workstations in manufacturing and office areas to ensure musculoskeletal injury (MSI) risks are minimized. Evaluations can be for a specific individual or to assess and mitigate risk associated with a particular process or operation. Depending on volume of workstations/processes, ErgoRisk can use an on-line discomfort survey to screen for high risk areas and prioritize efforts. During each assessment the evaluator works with the employee(s) to develop controls to improve ergonomics as well as educate the employee(s) on existing ergonomic risks and how to reduce them. Specific recommendations will be discussed, particularly those that involve worker habits and behaviours as well as appropriate engineering solutions. A follow-up report provides details of identified risks as well as a prioritized list of recommendations.

• "Lunch and Learn" or Safety Meeting Educational Sessions:

ErgoRisk specializes in the delivery of dynamic and informative "Lunch and Learn" or Safety Meeting talks. These sessions are designed to educate employees on how to avoid developing musculoskeletal discomfort by promoting the importance of personal responsibility, safe work postures, and ergonomic work area organization. Sessions are available on a variety of topics including basic ergonomic principles, safe lifting and material handling, and stretching programs. Specialty classes can also be developed to meet a specific client need. As well, 'train the trainer' sessions can be arranged to expand the knowledge base of in-house safety staff.

• Program Development Assistance

ErgoRisk can assist companies in the development of an in-house ergonomics program in compliance with WorkSafeBC legislation.

• Product and Design Assistance

As needed, ErgoRisk can provide assistance regarding equipment evaluation, selection and sourcing. We can also work with clients' engineering resources to offer design assistance if an engineering control is necessary.

ErgoRisk Management Group provides ergonomics tools, consulting and educational services to improve productivity and reduce the risk of musculoskeletal injury (MSI) development.