

# Productive or Painful? How does your office measure up?



The human system is a remarkable tool. But let's admit it, sitting for hours on end isn't what it was designed for.

Are your worker's noses touching their screen at 3PM?

Is ibuprofen your corporate 'back care' program?

Aches and pains happen but how do you manage them?

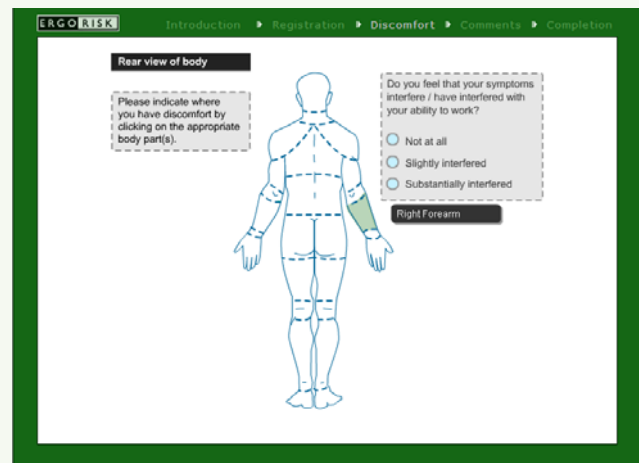
If you've ever struggled with how to protect your people from developing discomfort, read on.

## IDENTIFY. PRIORITIZE.

ErgoRisk has developed a simple, online screening tool to help identify and prioritize musculoskeletal injury symptoms that are lurking in your office – before they become a bigger problem.

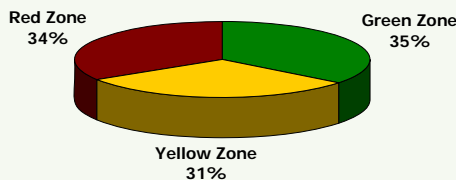
Did you know that typically over 60% of your workforce may be impacted by these issues?

Employee awareness and early identification of problems are two essential cornerstones of all healthy workplaces.



## SIMPLE. CONFIDENTIAL.

- Our simple online tool takes less than 5 minutes to complete.
- Your workers' comments are collected and summarized by us to promote accurate reporting.
- In the end, you receive a customized, comprehensive summary report so that you can plan your next step.



## Is it time to take a closer look? We are here to help.

To try our discomfort survey, go to <http://portal.ergorisk.com/dsurvey/>

ErgoRisk Management Group provides ergonomics tools, consulting and educational services to improve productivity and reduce the risk of musculoskeletal injury (MSI) development.